

Safeguarding Children and Young People in County Durham

Annual Report for Young People 2015 / 2016



Safeguarding is everyone's responsibility



Annual Report for Young People

Section 1 – Safeguarding Overview

Safeguarding Overview

LSCB Priorities

Reporting Concerns



What is safeguarding?

- Safeguarding is about keeping children and young people safe by protecting them from harm, supporting their development and making sure they grow up in a safe environment.



What does Durham LSCB do?

- We promote the welfare of children and young people, safeguarding them from harm and protecting those children who are at significant risk of harm or neglect.



What does it mean for me?

- Agencies including Durham County Council Children and Young People Services, the Police, Schools and Colleges and Health Services such as GPs, Hospitals and Health Visitors are all here to help.

Our Vision: Every child and young person in County Durham feels safe and grows up safe from harm

Annual Report for Young People

Section 1 – Facts and figures about Safeguarding

Safeguarding Overview

HIGHER 

The number of 10-24 year olds admitted to hospital for **self-harm** is **higher** than England average

1000+



people trained in 'Intervene to protect a child'



Training

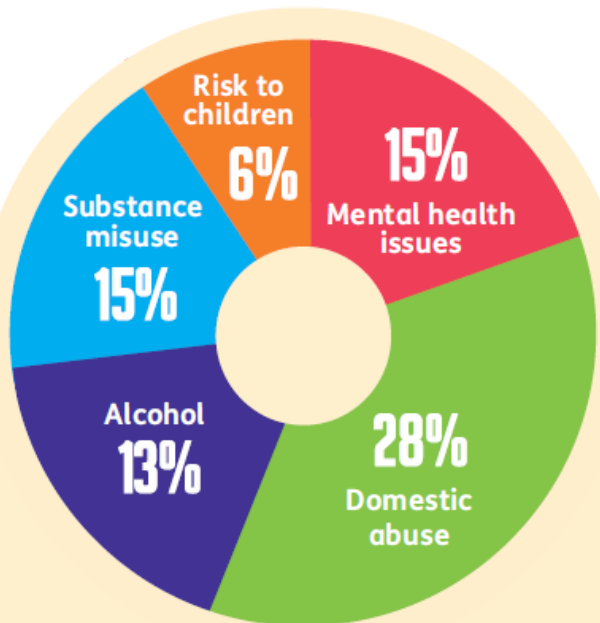
88 training courses attended by 1,637 staff

11,889 e-learning courses completed

98% rated training good or excellent

74% had changed their practice as a result

LSCB Priorities



Parental risk factor leading to children becoming subject of a Child Protection Plan

Reporting Concerns



NEW! Launched new ERASE website

350
CHILDREN



were subject to a **Child Protection Plan** down 3% on last year



Communications

188,582 website page views

11,158 pieces of awareness raising literature distributed, this includes:

6,786 leaflets
322 posters
4,050 contact cards

The 2016 Ofsted Inspection of Durham LSCB rated us as 'Good' putting us in the top 25% of LSCBs in England

Annual Report for Young People

Section 2 – LSCB Priorities

Safeguarding Overview

LSCB Priorities

Reporting Concerns

The Durham Local Safeguarding Children Board agreed the following priorities for 2015/16

Reducing
Child Sexual
Exploitation

Improving
Early Help

Reducing
Neglect

Reducing
Self-Harm

Increase
the Voice
of the
Child



Annual Report for Young People

Section 2 – Child Sexual Exploitation

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What is Child Sexual Exploitation?

- Child Sexual Exploitation (CSE) is a form of child abuse
- It can happen to anyone who is persuaded, bullied or forced into having sex or sexual activity such as taking and sharing naked photos of themselves
- This can be in return for things like alcohol, money, drugs or other gifts
- It can happen online and face to face
- It can ruin lives and have serious long-term effects on young people and their families



What is the LSCB doing about it?

- We have trained over 1,000 staff to spot the signs of CSE and to identify risky behaviour
- We work hard to get CSE messages to as many children and parents as possible to help protect them
- We have worked with '[Get Safe Online](#)' so you can help protect yourself
- We have launched a new ERASE website www.eraseabuse.org
- We have worked with schools and colleges to raise awareness of Child Sexual Exploitation

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Section 2 – Child Sexual Exploitation

Safeguarding Overview

LSCB Priorities

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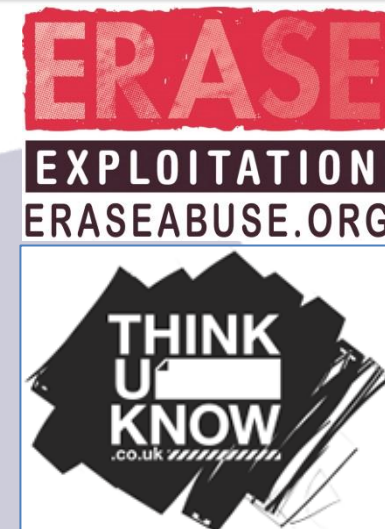
What does Child Sexual Exploitation mean for me?

More help and advice

SIGNS **PROCEDURES** **EXPLOITATION**
ONLINE ABUSE
TRAFFICKING
OFFENCES
PHYSICAL NEGLIGENCE
PROSECUTION
IMPACTS
SEXUAL LAW
ORGANISATIONS
GROOMING
DISCLOSURE
RISKS
EMOTIONAL
SAFETY
INVESTIGATION
CASES
PREVENTION
VIOLENCE
CARE
GAMES
WITH
CHARACTERISTICS



'I am really pleased that someone is listening to me. I didn't think anyone believed me and they thought that I was just making up excuses for my behaviour'
(CSE Victim)



In school sessions young people told us that these were some of the things that people use to manipulated a young person in to sexual activity

Buying or giving you alcohol

Offering you money

Taking you out to places

Buying you presents

Hurting or threatening to hurt you

Giving you a place to stay

Telling you that they love you

Get safe online in Durham

Click here for more information and impartial advice on protecting yourself, your family, your business, your computer and mobile devices while online



Annual Report for Young People

Section 2 – Improving Early Help

Safeguarding Overview

LSCB Priorities

Reporting Concerns

What is Early Help?

- Early Help is just a phrase we use to explain one of the ways to support families who are having a hard time
- Every year many families face difficulties; talking about problems and getting help before things get worse really does work
- This additional help and support gives families new skills to tackle every day problems
- Getting Early Help means that less children and families get to a point where they feel they can't cope anymore



What is the LSCB doing about it?

- We have refreshed the way people work with families to include more focus on domestic abuse; alcohol; drug use and mental health issues
- We also focus on the following:
 - **Prevention** – So that problems do not happen in the first place
 - **Early Intervention** – So that problems are sorted out at an early stage
 - **Protection and targeted treatment** – So that help and support is in place for problems that are serious or may continue for a long time

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Section 2 – Improving Early Help

Safeguarding Overview

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What does Early Help mean for me?

Dad said that he wasn't always like that and he felt a lot more confident playing with his children.

Holly was worried that she was going to fail her exams and not go to college and work with children.

With support from mental health and speech and language services she is more confident she should be able to achieve her dreams.

More help and advice

 **First Contact**
03000 26 79 79 24 hours a day



County Durham
Children's Centres



County Durham
Families Information Service

Think Family Worker

Supporting the whole family to overcome difficulties together

“ We provide early help to families who are experiencing a range of issues which place outcomes for their children at risk, these include, but are not limited to: worklessness, crime, anti-social behaviour, poor school attendance, domestic abuse and substance misuse. ”



It's been a long but good journey, we've been helped through everything when we've been struggling.

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Section 2 – Reducing Neglect

Safeguarding Overview

LSCB Priorities

Reporting Concerns

What is Neglect?

- Child neglect is a failure to look after a child and could result in poor health or development
- Children including unborn babies, need suitable food, water, shelter, warmth, protection and health care to grow and develop
- They need their parents or carers to pay attention to their needs; to be there for them and to love and care for them
- Neglect can also include physical abuse, emotional abuse and sexual abuse



What is the LSCB doing about it?

- We have carried out specialist training for staff working with children who are neglected or at risk of neglect
- We have developed guidance to help staff identify early signs of neglect and do something about it
- Domestic abuse and alcohol workers are now part of the specialist safeguarding team
- When working with families staff may include a focus on domestic abuse; alcohol; drug use and mental health issues



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Section 2 – Reducing Neglect

Safeguarding Overview

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What does Neglect mean for me?

When I first met you I knew I could trust you; everything in my life changed, you helped me understand more about the situation I lived in and helped organise extra support for me to cope. I've laughed and cried, thank you for listening to me and reminding me how to stay on the right track and for being my guardian angel 😊😊



I thought Mum liked drinking more than us when Dad left. We were all sad and had no food.

Me and my brothers were always late for school and they said we weren't dressed properly.

This woman came and helped my mum get us ready for school and helped with other things too and I got a new bed.

Mum didn't shout as much and this made us all happy. Mum didn't drink anything except for tea.

More help and advice

 **First Contact**
03000 26 79 79 **24 hours a day**

County Durham
Children's Centres



Annual Report for Young People

Section 2 – Reducing self-harm

Safeguarding Overview

LSCB Priorities

Reporting Concerns

What is Self-Harm?

- Self-harm is when you hurt or damage your own body on purpose. It's usually a way of coping with emotional stress.
- Over half of people who die by suicide have self-harmed before
- Self-harm is linked to anxiety and depression, this can be a build-up of intense feelings. Self-harming may become a way to release these pent-up feelings
- The number of 10-24 year olds admitted to hospital because of self-harm in County Durham is higher than the England average



What is the LSCB doing about it?

- We have supported young people to talk about their own personal experiences of self-harm to staff at events across County Durham in order to increase professionals understanding from a young persons perspective
- As a direct impact of listening to young people, self-harm was included as an LSCB priority
- We have developed a self-harm guide that will be used by staff to support young people that tackle issues relating to self-harm and attempted suicide



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Section 2 – Reducing self-harm

Safeguarding Overview

LSCB Priorities

Reporting Concerns

What does Self-Harm mean for me?

Young people have told us some of the reasons why they think young people self-harm

- It's when people hurt themselves on purpose
- Some people do it when they're getting bullied because they think people don't like them
- It can happen you are totally stressed and feel trapped
- They might want to change the way they look
- People might do it because they find it hard to make friends or are having a hard time at home

"Self-harm may be someone's coping response. It is not who they are."

- Emma, researcher and campaigner

Rethink
Mental
Illness.

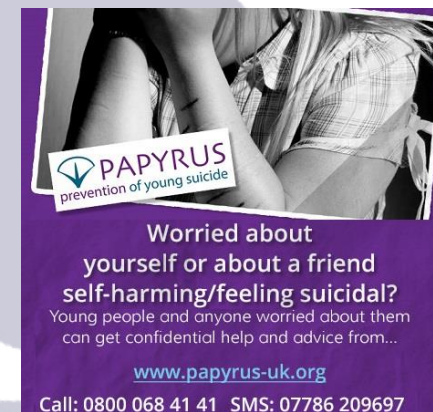
Self-injury Awareness Day



Young people say that conflict with family members, teachers, boyfriends and girlfriends are common reasons for self-harm. This often makes young people feel pushed away, left out, feel embarrassed or ashamed about self-harming themselves, and that they fear being judged.

Some young people seeking help in emergency departments have reported lack of privacy, with confidential matters discussed in open areas, and lack of respect.

More help and advice



Annual Report for Young People

Section 2 – Increasing the voice of the child

Safeguarding Overview

LSCB Priorities

Reporting Concerns

What is the Voice of the Child?

- The voice of the child is a description we use to make sure that services and organisations take your views and opinions into account when they plan services
- Staff working with children want to know what you think and how things can be better for you
- It means that all the people working to keep you safe will always consider what you say and how you feel



What is the LSCB doing about it?

- Top bosses from the Council, Police and Health who belong to the LSCB have met up with young people in their local areas to learn more about their lifestyles and what they think
- The same bosses have invited young people to their official LSCB meetings to show how we are changing things because of what you have told us
- Staff working with children and young people will record your views and thoughts and add them into any plans you develop together



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Section 2 – Increasing the voice of the child

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Both as a professional and a parent, their stories preyed on my mind for the rest of the day. They provided a more thought provoking human element and a deeper comprehension of their far reaching experiences and for that I feel very privileged.

How has the Voice of the Child made a difference to workers?



I wanted to express my own heartfelt appreciation for the rare opportunity, as a professional, to hear the accounts of actual people whose lives have been so massively impacted upon.

Explaining to parents involved in separation or child - parent - school related issues that their children have a voice and providing time and space so the child can be heard.

This direct link to young people and understanding the 'Voice of the Child' has brought a positive and different perspective into the LSCB. Jane Geraghty, Independent Chair



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Section 3 – Reporting Concerns

Safeguarding Overview

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Tees, Esk and Wear Valleys NHS Foundation Trust

**Durham & Darlington
CAMHS Crisis & Liaison Team**

making a difference together



For more information, click on the images to go to various websites and contacts



If you are concerned that a child is being harmed or neglected call



First Contact
03000 26 79 79

**24 hours
a day**

If the child or young person is at
immediate risk of harm ☎ 999



**Get safe online
in Durham**

Click here for more information
and impartial advice on protecting
yourself, your family, your
business, your computer and
mobile devices while online



**Local
Offer** ✓
click here to find out more...

County Durham
Families Information Service

County Durham
Children's Centres

ERASE
EXPLOITATION
ERASEABUSE.ORG



Annual Report for Young People

Contact details for LSCB Partners

Safeguarding Overview	LSCB Priorities	Reporting Concerns
Durham LSCB	03000 265 770	www.durham-lscb.org.uk
Durham County Council	03000 260 000	www.durham.gov.uk
Durham Constabulary	101	www.durham.police.uk
County Durham & Darlington NHS Foundation Trust	0191 333 2333	www.cddft.nhs.uk
North Durham Clinical Commissioning Group (CCG)	0191 389 8600	www.northdurhamccg.nhs.uk
Durham Dales, Easington & Sedgefield CCG	0191 371 3222	www.durhamdaleseasingtonsedgfieldccg.nhs.uk
Tees, Esk & Wear Valleys NHS Foundation Trust	01325 552 000	www.tewv.nhs.uk
North Tees & Hartlepool Hospitals NHS Foundation Trust	01642 617 617	www.nth.nhs.uk
Harrogate & District NHS Foundation Trust	01423 885 959	www.hdft.nhs.uk
City Hospitals Sunderland NHS Foundation Trust	0191 565 6256	www.chsft.nhs.uk
Cafcass (County Durham)	0300 456 4000	www.cafcass.gov.uk

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